

# Dr. Simi Jesto Joseph, DNP, APN, NP-C

[sjoseph@gisolutionsinc.com](mailto:sjoseph@gisolutionsinc.com)



7447 W Talcott Ave  
Suite 209, Chicago IL  
Ph: 773-631-2728  
Fax: 773-631-8083

## Summary of Qualifications

- Dedicated doctorally prepared nurse practitioner with 18 years of nursing experience
- Strong clinical skills, researcher, and a visionary leader in nursing education
- Passionate in clinical research and global health with a focus on forward-looking health care
- Extensive experience in mentoring young nurses, motivator, national speaker & professor in nursing
- Always challenging, courage, honest, trustworthy, and a successful professional who believes in leaving a lasting signature of her leadership

## Education

### Research Scholar (6/2017-2019)

Society of Gastroenterology Nurses & Associates (SGNA)

- Systematic Review training by Joanna Briggs institute
- Protocol- Safety & long-term efficacy of Transoral incisionless Fundoplication (TIF) Vs TOUPET & DOR fundoplication: a systematic review & met-analysis protocol
- Advisor-Dr. Kathy Baker

### Global Clinical Scholars Research Training (6/2017)

Harvard medical School  
Boston, MA

- Research Interest-Diabetes and pancreatic cancer
- Research proposal-RCT-Efficacy of Pancrelipase for Improving the Incretin effect in type 3C DM
- Advisor-Dr. Ajay Maker

### Doctor of Nursing Practice 8/2014

Loyola University, Chicago IL

- Advisor- Dr. Audrey Klopp

- Thesis- Using an Electronic Educational Module to Improve APN Adherence with a Preventive Care Protocol for Immunocompromised Patients
- GPA- 3.60

### **Master of Science/Adult Nurse Practitioner 5/2008**

North Park University, Chicago IL

- Advisor-Dr. Trudy D'Waters
- Research project- Gastroparesis: A relationship between delayed gastric emptying and exacerbation of GERD symptom
- GPA- 3.75

### **Bachelor of Science in Nursing 6/1999**

Manipal College of Nursing

Manipal University, India

- GPA- 3.87

## **Licensure & Certifications**

### **Licensure:**

Advance Practice Nurse License

Controlled substance license

Registered Nurse Illinois License

DEA License

Registered Nurse and Midwife License in India

### **Certifications:**

Global Clinical Research Scholar certificate by Harvard Medical School

“Aspiring Nurse leader” certification by NAINA (Betty Moore Foundation grant)

Adult Nurse Practitioner Certification by AANP

BLS & ACLS certified

CITI training certification on “Protecting Human Research Participants”

NIH certification-“Protecting Human Research Participants”

TOEFL- score 250, essay 5.0

TSE- score 50

## **Professional Affiliations & Activities**

- Associate Member of Harvard Medical School
- Member of American Association of Nurse Practitioners
  - AANP national conference speaker & research member
- Member of Illinois Society of Advanced Practice Nurses
  - ISAPN program committee- 2013-2015

- ISAPN Speaker for Mid-West conferences
- Member of American Gastroenterology Association
- Member of Indian Nurses Association of Illinois & National Association of Indian Nurses Association
  - INAI APN Chair 2017-2018
  - Nurse Planner/Conference chair for One day Pharmacology CEU Conference for APNs-Nov 2017
  - INAI education committee chair 2015-2017
  - Educational committee member for program planning for NAINA Biennial conference 2016 & 2018
  - Research Committee Co-Chair 2017-2019
  - Educational Committee & APN Committee member 2017-2019
- Member of Society of Gastroenterology Nurses Association
  - SGNA national conference speaker/on preferred speaker list
  - CGNA (Chicago) speaker
  - SGNA Journal-*Gastroenterology Nursing*-Reviewer
  - Co-Author (in progress)- *Gastroenterology Nursing: A core curriculum*, 6<sup>th</sup> Edition
  - SGNA Research Scholar
- Member of Society of International Gastroenterology Nurses Association
- Member of National Academies of Practice
- Member of Trained Nurses Association of India

## Professional Experience

### **Professor/Adjunct Faculty 5/2017-present**

#### **Benedictine University, Lisle, IL**

- NRHL 340-Comprehensive health assessment and advanced physical examination for nursing practice course
- NRHL 345- Applications of pathophysiology and pharmacotherapeutics to clinical reasoning course

### **Professor/Adjunct Faculty 4/2015-present**

#### **Resurrection University, Chicago IL**

- NUR 3233: Health Assessment
- NUR 3240: Pharmacotherapeutics in nursing

### **Director of Research & Clinical Services 8/2008- present**

#### **Gastroenterology Nurse Practitioner**

#### **Reflux Center Coordinator**

#### **GI Solutions, Chicago IL**

- Nurse clinician in ambulatory outpatient GI clinic of GI solutions
- Hospital Affiliations for inpatient consulting services-Presence Resurrection Medical Center & Advocate Illinois Masonic Medical Center
- Nurse Researcher-coordinator for national studies with a plan to implement clinical trials
- Planning, organizing, staffing, leading, and controlling functions at the organizational level
- Clinical coordinator of Chicago Heartburn & Reflux Center located at GI Solutions with a focus on reflux clinic
- Trained to administer, read and interpret Small Bowel Capsule endoscopy, Smart Pill GI motility system, PH impedance, Esophageal Manometry, Rectal manometry and Bravo PH monitoring.
- Specially trained in assisting special procedures such as: BARRX ablation therapy for Barrett's esophagus and TIF (Trans oral Incisionless Fundoplication) an Endoscopic anti-reflux surgery
- Conducting teaching sessions for community, practice patients and medical professionals
- Mentoring Nurse Practitioners and Physician Assistant students

**Registered Nurse (Part Time)- GI lab, 2005-2008**  
**GI Solutions, Chicago**

**Registered Nurse (Part Time)-Medical Telemetry unit, 2004-2007**  
**Presence Resurrection Medical center, Chicago**

**Registered Nurse (Full Time)- Rehabilitation and Nursing center, 2004**  
**Harborside Health Care, Westfield, MA**

**Faculty for NCLEX RN course (part time)- 2002-2004**  
**Ernakulam Coaching center, Kochi**

**Registered Nurse- Medical-surgical unit, 1999-2004**  
**Madonna Medical Center, Kerala, India**

**Registered Nurse-Internship in Neurology ICU and Orthopedic Unit, 1999**  
**Kasturba Hospital, Karnataka, India**

## Leadership

### Research:

- Research proposal-RCT-Efficacy of Pancrelipase for Improving the Incretin effect in type 3C DM
- Systematic review protocol- Safety & long-term efficacy of Transoral incisionless

Fundoplication (TIF) Vs TOUPET & DOR fundoplication: A systematic review & met-analysis protocol

- Clinical Research coordinator- Laparoscopic Nissen Fundoplication surgery versus Transoral Insicionless Fundoplication Anti-Reflux treatment registry (STAR registry)- closed
- Clinical Research coordinator – Prospective or retrospective, multi-centered patient registry: Ablation for Barrett’s esophagus (Protocol B-500) (2010-2014)
- Evidence-Based Study- Using an Electronic Educational Module to Improve APN Adherence with a Preventive Care Protocol for Immunocompromised Patients (2013-2014).
- Evidence-based paper and presentation for MSN program- Gastroparesis: A relationship between delayed gastric emptying and exacerbation of GERD symptom (2008).
- Project done in Shift to Shift reporting among Registered Nurses of Resurrection Medical Center, Chicago (2007).

### **Education:**

- Oral Presentation/CE at NAINA Clinical Excellence conference Dec 2<sup>nd</sup> 2017- GERD, PUD, H-pylori & Gastroparesis: A treatment guideline update
- Oral Presentations/CE at INAI Pharmacology Conference Nov 11<sup>th</sup> 2017- Upper GI Disorders: Treatment updates
- Oral presentation/CE at Nurses Education day/Presence health November 2<sup>nd</sup> 2017- LFT 101: jaundice & Beyond
- Oral presentation/CE at ISAPN Mid-west conference Oct 5<sup>th</sup> 2017- GI Drugs: Pharmacokinetics & its clinical application of upper GI disorders
- Oral Presentation/CE at CGNA Fall Conference- Emerging Technology: Latest anti-reflux endoscopic procedures & Surgeries; Nov 5, 2016
- Poster Presented at NAINA National Conference October 21<sup>st</sup> 2016- Aspiring Nurse Leadership Development Initiative: The National Association of Indian Nurses of America's project based on Kouzes and Posner Leadership Practices
- Oral presentation/CE at National Conference hosted by NAINA(National Association of Indian Nurses of America)- Using an Electronic Educational Module to Improve APN Adherence with a Preventive Care Protocol for Immunocompromised Patients; Oct 22<sup>nd</sup>, 2016
- Oral Presentation/CE at National Conference hosted by NAINA(National Association of Indian Nurses of America) A Patient with Heartburn: Know the emerging changes & treatment guidelines in 2016; Oct 22<sup>nd</sup>, 2016
- Oral Presentation/CE at ISAPN 2016 Mid-West Conference- Iron Deficiency Anemia in Clinical Practice; Oct 7<sup>th</sup>, 2016
- Oral Presentation/CE at AANP 2016 National Conference- Emerging Technology: Latest anti-reflux endoscopic procedures & Surgeries; June 24<sup>th</sup>, 2016
- Oral presentation/CE at 43<sup>rd</sup> National Conference of SGNA (2016)- Capsule Endoscopy: It’s not a “BIG” deal; it is a “SMALL” bowel capsule; May 23<sup>rd</sup>, 2016
- Oral Presentation/CE at 43<sup>rd</sup> National Conference of SGNA (2016)- Emerging Technology: Latest anti-reflux endoscopic procedures & Surgeries; May 23<sup>rd</sup>, 2016

- Poster Presented at “Ruth K. Palmer” Research Symposium on April 23, 2016 at Loyola University, Chicago
- Panel Discussion: Palliative & Hospice care: Making ethical decisions with your patients and families, 2015
- Oral presentation/CE at Educational CE seminar of MARC organization- Chronic Cough & Asthma Exacerbations: Pulmonary manifestations of GERD
- Oral presentation at National Conference hosted by AANP (American Association of Nurse Practitioners, 2015)-Endoscopic GERD therapy: An emerging technology
- Poster presentation at National Conference hosted by AANP (American Association of Nurse Practitioners, 2015)- Using an Electronic Educational Module to Improve APN Adherence with a Preventive Care Protocol for Immunocompromised Patients
- Oral presentation at 42<sup>nd</sup> National Conference hosted by Society of Gastroenterology Nurses Association (2015)- A review of Gastrointestinal Stents
- Oral presentation at 42<sup>nd</sup> National Conference hosted by Society of Gastroenterology Nurses Association (2015)- Endoscopic GERD therapy: An emerging technology
- Oral paper presentation at International Nursing Conference for Evidence-informed Practice in India- Using an Electronic Educational Module to Improve APN Adherence with a Preventive Care Protocol for Immunocompromised Patients-Jan 2015
- Poster presentation at ISAPN Mid-west conference (2014)- Using an Electronic Educational Module to Improve APN Adherence with a Preventive Care Protocol for Immunocompromised Patients
- Oral presentation & one hr CE provided to nurses (Accredited by Ohio Nurses Association)-GI MISH-MASH: Endoscopy and Imaging in Gastroenterology-2014 at Presence Resurrection Medical Center
- Oral presentation & one hr CE provided to Nurses (Accredited by Ohio Nurses Association)- A Review & Update on Pancreatic and Biliary Disorders-2014 at Illinois Masonic Hospital
- One hr web-based CE to APNs (Accredited by AANP)-Preventive Care Protocol for Immunocompromised Patients-2014 via ISAPN organization
- Oral presentation on G-tube malfunction and it’s management, Forest Villa-2013
- Oral presentation on G-tubes and its management, Resurrection medical center-2010
- Nursing Grand Rounds on Ins and Outs of GI, Resurrection Medical Center-2009

### **Publications:**

- Co-author of the book-*Gastroenterology Nursing: A Core Curriculum*, 6<sup>th</sup> edition (in progress)
- Joseph, J.S. (2016). Pancreatic Cancer: The predicted second leading cause of cancer mortality in U.S by 2030. *NAINA Journal of Nursing*, 1(1); 46-47
- Joseph, J.S. (2016). Preventive Care for Immunocompromised Patients: A collaborative approach, *NAINA Journal of Nursing*, 1(1); 26-28
- Joseph, J.S. & Ohri, A. (2016). A Case Report- Epiphrenic esophageal diverticulum. *NAINA Journal of Nursing*, 1(1); 20-21
- Joseph, J.S. & Klopp, A. (2015). Using an Electronic Educational Module to Improve APN Adherence with a Preventive Care Protocol for Immunocompromised Patients, *Manipal Journal of Nursing & Health Sciences*, 1(1);1-8

### **Community Services & Talents:**

- Seminars on reflux diseases-at Presence Health for patients and families
- Volunteer as a teacher at church-Faculty of language
- Organized free health screenings for Hispanic and Indian community
- Participates in free health clinic for Indian community/GI education
- Conducted educational panel discussion on Palliative and Hospice care
- Active in community church for organizing cultural programs and was a Host/MC for many stage shows
- Chicago Malayalee Association (CMA) & Federation of Malayalee Association of Americas (FOMAA) Women's Forum activities-Organizer for "Super Mom" & "Malayalee Manga" Shows in 2018
- Anchor in media-Flowers TV USA
- Violin Player

### **Awards & Honors**

- "AANP 2016 Nurse Practitioner State Award for Excellence"- Awarded by AANP for excellence in clinical practice
- "The Best Advanced Practice Nurse" 2016 Awarded by- Indian Nurses Association of Illinois
- "Vanitha Rathnam" 1<sup>st</sup> Runner up (2016) (A beauty with talent pageant that respects Womanhood and Motherhood)- by Chicago Malayalee Association
- "40 under 40 Emerging Nurse leader" Award (2015)- by American Nurses Association-Sponsored by Illinois Nurses Foundation and Illinois Healthcare Action Coalition
- "Best Research Poster Award" (2014)- by Illinois Society of Advanced Practice Nurses (ISAPN)
- Advanced Practice Nurse Excellence award nominee-2016 award by National Association of Indian Nurses of America
- The Power of Nurse Leadership "SAGE" award nominee-2015 & 2016
- Miss MCON- Beauty pageant winner in 1997
- Miss MCON 1<sup>st</sup> Runner up- Beauty pageant in 1996