



# GI SOLUTIONS

## Patient Instructions for Agile Patency Capsule Endoscopy

Name: \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

Your appointment is scheduled for: \_\_\_\_/\_\_\_\_/\_\_\_\_

Time: \_\_\_\_:\_\_\_\_ am/pm

Your physician has determined that as part of your medical evaluation you should undergo a Patency Test with the Agile Patency capsule. This procedure involves ingesting a small dissolvable capsule. If the capsule leaves the body before it dissolves, this confirms that your GI tract is passable or “patent” for an object the size of the video capsule.

The Agile Patency capsule consists of dissolvable components, surrounding a tiny Radio Frequency Identification (RFID) tag that can be detected by X-ray. The capsule starts to dissolve about 30 hours after ingesting the capsule to test whether the capsule is still present in your body. If the capsule is not detected, implying that it has been excreted whole, this means that your GI tract is patent, however, it is common that patients retain the capsule for more than 30 hours.

If the capsule is retained for more than 30 hours, it will then dissolve into small pieces that can pass naturally through your GI tract. However, in case you have a narrowing of the small bowel, the capsule can get stuck at the point and lead to bowel obstruction. If the capsule takes time to disintegrate, you may need to be admitted to the hospital for management of your symptoms and you may even require surgical procedures to resolve the issues. This is a 30 hour test.

### **During the week PRIOR to the Patency Test utilizing the Agile Patency Capsule**

1. Make note of the frequency of your bowel movements. Do you have a bowel movement at least once daily? Twice daily? Three times daily or more? Note the frequency of bowel movements to your physician.
2. Prepare a list of all medications you are currently taking.

### **The Day BEFORE the Agile Patency Capsule Procedure**

1. Liquid diet for lunch through dinner (broth, clear juice, jello, soda, popsicles, etc.)
2. Full fast (no drink or food) 12 hours prior to the exam starting at 8pm, except your medications with 3 small sips of water.
  - Special instructions:
    - No narcotics or medications that slow peristalsis.
    - Do not stop anticoagulants (Plavix, Coumadin, Aspirin, Advil, Aleve, Ibuprofen or Motrin)

### **Day of the PillCam Agile Patency Capsule Procedure**

1. You will be checked-in and asked to give your informed consent and an appointment for an X-ray will be made to check capsule presence.
2. You may take your medicine with a small sip of water

### **After swallowing the PillCam Agile Patency Capsule**

1. You may drink clear liquids starting 2 hours **after** swallowing the capsule (broth, clear juice, jello, soda, popsicles, etc.)
2. You may have a light snack after 4 hours (sandwich, pancakes, eggs, etc.)
3. Eight hours after ingesting the capsule you may continue with your normal diet

### **Special Instructions:**

1. Return to Radiology (Ground Floor) with your requisition 24 hours after you ingest the Agile patency Capsule to get an abdominal X-Ray
2. If you develop unexplained nausea, abdominal pain, or vomiting, contact the office.

Your X-Ray Appointment is scheduled for: \_\_\_\_/\_\_\_\_/\_\_\_\_ at \_\_\_\_:\_\_\_\_am/pm

Please arrive at the Radiology Department (Ground Floor, Entrance 2) at: \_\_\_\_:\_\_\_\_pm

Please call us if you have any questions at 773-631-2728