



GI SOLUTIONS

7447 W. Talcott Ave, Suite 209  
Chicago, IL 606531  
Office: 773-631-2728  
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## **Office Colonoscopy 2 Day Prep**

**Two days before the procedure:** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

You may eat a regular breakfast and lunch

At 5 P.M. begin a full liquid diet

At 7 P.M. drink your first preparation of Plenvu. This should take one hour.

Once you start drinking the preparation, you will begin a clear liquid diet (see attached menu)

**Day Before procedure:** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

You may only have a clear liquid diet today, no solid foods

At 7 A.M. drink your second preparation of Plenvu. You will drink this the same way you did the evening before.

At 5 P.M. begin to drink the Golytely preparation. You will need to drink 8 oz. every 15 minutes the bottle is empty, this should take about two hours.

You may have clear liquids until midnight. After midnight, nothing to eat or drink including no water and no medications.

**NOTHING BY MOUTH AFTER MIDNIGHT. NO GUM NO CANDY**

**DATE OF THE PROCEDURE:** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Report to suite 207 30 minutes before your procedure time. \_\_\_\_:\_\_\_\_am/pm

You will receive IV anesthesia for this procedure, you may not drive yourself home. Make sure you make arrangements for a ride home after the colonoscopy. You must be accompanied by a responsible adult over the age of 18.

Female patients that are not post-menopausal (no period in over one year) are required to give a urine sample before the procedure.

**Please do not wear jewelry or nail polish/acrylic nails for your procedure.**

It is your responsibility to contact our office regarding any biopsy results. Results are typically available 3-5 business days after the exam is performed. Please call 773-631-2728

**Medications: Blood pressure and heart medications may be taken before 7 am the morning of the procedure. All other medications may be taken up until midnight the day before the procedure.**

If you are currently taking aspirin, aspirin products, or blood thinners please see the hand out that has been provided for dosing instructions.

A bleeding profile test must be performed the day before the procedure if you take Coumadin/Warfarin or if you have a history of liver disease (i.e. cirrhosis).

If you are diabetic you may not have any oral diabetic medication the day before the test. If you use insulin please contact your PCP regarding modification of dosage. On the exam date check your blood sugar and record here \_\_\_\_\_