



7447 W Talcott Ave, Suite 209
Chicago, IL. 60631
Office: 773-631-2728
Answering Service: 312-492-5764

Office Flexible Sigmoidoscopy

Scheduled for ___/___/___ Time: _____am/pm
Report to our office, room 207 a half an hour before the procedure: _____am/pm

You may eat the day before the procedure until midnight. After midnight do not have anything to eat or drink including no water and no medications.

On the day of the procedure: ___/___/___

Nothing to eat or drink. **No Gum or Candy.**

Use 2 Fleet enemas before arriving to the office (enemas can be found over the counter at any pharmacy)

- One hour before leaving you will administer the first enema. While lying on your left side, insert fluid into rectum. Try to retain fluid for 15 minutes before evacuating.
- A half an hour later, you will administer the second enema.

Medications may not be taken the morning of the procedure.

Blood pressure and heart medications may be taken until 7 am the morning of the procedure with three small sips of water. All other medications may be taken up until midnight the day before the procedure.

If you are currently taking an aspirin, aspirin products, or blood thinners please see the hand out that has been provided for dosing instructions.

If you are on Coumadin or Warfarin you must have a bleeding profile blood test done the day before or the morning of the procedure.

If you are diabetic and are on insulin contact your primary care physician regarding modification of your dosage.

Since you will receive IV anesthesia for this procedure you may not drive yourself home. Make sure you make arrangements for a ride home after the flexible sigmoidoscopy. You must be accompanied by a responsible adult over the age of 18.

It is your responsibility to contact our office regarding any biopsy results. Results are typically available within 3-5 days of having a procedure. Please call 773-631-2728.

Please do not wear jewelry or nail polish/acrylic nails for your procedure(s).