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## **OUTPATIENT BARRX**

Date of Procedure: \_\_\_\_/\_\_\_\_/\_\_\_\_ Time: \_\_\_\_am/pm

**Report to Specialty Services (Entrance 4) one hour before your procedure time. Report at: \_\_\_\_am/pm**

Nothing to eat or drink after midnight (including NO WATER and NO MEDICATIONS, except for blood pressure and heart medications which may be taken until 7 am the morning of the procedure)

### **Medications**

- Increase dose of PPI medications to two tablets daily one week prior to procedure (e.g. Aciphex, Protonix, Nexium, etc.) If you are taking Zegrid or Dexilant do not increase your dose to two tablets, remain on one tablet daily.
- ASPIRIN OR BLOOD THINNERS must be discontinued 3 days prior to the exam.
- Coumadin must be discontinued 5 days prior to the exam.
- Blood pressure and heart medications may be taken until 7 am the morning of the procedure.
- All of medications may be taken until midnight the day before the procedure.
- If you are on Coumadin or Warfarin you must have a bleeding profile blood test done the day before or the morning of the procedure.
- If you are diabetic and are on insulin contact your primary care physician regarding modification of your dosage.

### **Post-procedure Instructions:**

- Clear liquid diet on the day after procedure
- Full liquid diet the next day
- Soft diet on the third day and increase to regular diet
- Further changes in medications will be instructed after the procedure

**Female patients that are not post-menopausal (no period in over one year) are required to give a urine sample before the procedure.**

**Since you will receive IV anesthesia for this procedure you may not drive yourself home. Make sure you make arrangements for a ride home after the gastroscopy.**

**Dr. Ohri will advise you to make an office appointment in 3 days to follow up for the results. If you are instructed to call for the results please call 773-631-2728**

**Please do not wear jewelry or nail polish/acrylic nails for your procedure(s).**