



Smart Pill Preparation

Before the test:

- **Discontinue Amitiza/Linzess 3 days before the test**
- **Notify the office if you're taking Bentyl, Reglan, etc.**

On the day before the test: ____/____/____

- **Refrain from tobacco use 24 hours before the test**
- **Refrain from alcohol use 24 hours before the test**
- **Nothing to eat or drink after midnight**

On the day of the test: ____/____/____

Report to Suite 209 at: ____:____ am/pm

- **If you are diabetic, take half of your morning insulin dose, unless otherwise instructed**

Post-procedure Instructions:

- **You will be given a light breakfast/snack bar before swallowing the capsule**
- **You cannot eat for 6 hours following pill ingestion, may drink water**
- **Refrain from using laxatives until the pill has passed**
- **Return the recorder promptly after the pill has passed. You will be wearing the recorder for at least 4 days and will not interfere with your normal activities**
- **Avoid vigorous exercise during the test**
- **Recorder cannot be farther than 3 feet from patient during shower, bath, etc.**

If you have any questions please call 773-631-2728.